

ABI FAMILY



GROUPS



Young Adult Program

Are you living with a Brain Injury and are between the ages of 18 - 26 and want

Parental Support Group

Are you a parent of a loved one living with a Brain Injury and want to connect

Monthly Meetings

Social Activities

Workshops

**Building of
Friendships**

Monthly Meetings

Peer Support

Resource Information

Guest Speakers

BIST

Brain Injury Society of Toronto



For more information about the program and/or to register for the program contact Kat Powell at 647-990-1485 or

connections@bist.ca