



PRESENTING A SERIES OF FREE CONCUSSION SERVICES WORKSHOPS
WHEN SYMPTOMS OF SINGLE AND MULTIPLE CONCUSSION PERSIST:
AN EDUCATION AND SUPPORT WORKSHOP

These two-part workshops focus on education on concussion, including a review of current research on the short and long-term effects of single and multiple concussions. We will also review strategies that may assist in the management of persistent post-concussive symptoms, followed by a question and answer period.

FACILITATORS:

Dorothy Heidbuurt (Mississauga)

Or

Natasha D’Souza (Orangeville)

Psychosocial Group Leaders, Mind Forward

TIMES, DATES & LOCATIONS

Mississauga

176 Robert Speck Pkwy
October 10 & October 17
10:30am-12:00pm

Orangeville

695 Riddell Rd, Unit 3
October 10 & October 17
1:30pm-3:00pm

Register online at: ConcussionServices@mindforward.org (Please specify location preference)

For more information, please contact: **Dorothy Heidbuurt • 905-949-4411 x239**

Mind Forward Concussion Services Would Not be Possible Without our Partners:

