

ABI Navigators are located across the province of Ontario and are assigned to a Local Health Integration Network (LHIN).

To find your LHIN using a postal code please visit: <http://www.lhins.on.ca/>

LHIN #	LHIN Region	Contact Information
1	Erie St. Clair	Assisted Living Southwestern Ontario 180 College Ave. N Sarnia, ON N7T 7X2 (519) 344-8484
2	South West	No contact at this time
3	Waterloo Wellington	Traverse Independence 1382 Weber St E, Unit 1 Kitchener, ON N2A 1C4 (519) 741-5845
4	Hamilton Niagara Haldimand Brant	HNHB ABI Network 225 King William St. Suite 508 Hamilton, ON L8R 1B1 (905) 523-8852 x 251
5	Central West	Peel Halton Dufferin ABI Services 176 Robert Speck Pkwy Mississauga, ON L4Z 3G1 (905) 949-4411 x 223
6	Mississauga Halton	
7	Toronto Central	Toronto ABI Network 601-700 Bay Street Toronto, ON M5G 1Z6 416-340-4800 x8660
8	Central	Central ABI Collaborative 62 Finch Ave. W. Toronto, ON M4G 3V9 (416) 240-8000 x 755

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LHIN #	LHIN Region	Contact Information
9	Central East	Central East ABI Network 160 Charlotte Street. Unit 100 Peterborough, ON K9J 2T8 (705) 741-1172
10	South East	Regional Community Brain Injury Services 401-303 Bagot St. Lasalle Mews Kingston, ON K7K 5W7 (613) 547-6969 x165 Toll Free 1-800-871-809
11	Champlain	Champlain LHIN Home & Community Care 4200 Labelle St. Suite 100 Ottawa, ON K1J 1J8 (613) 745-5525 x5963
12	North Simcoe Muskoka	North Simcoe Muskoka ABI Collaborative 21 Essa Rd. Unit 1 Barrie, ON L4N 3K4 (705) 734-2178 x 228
13	North East	March of Dimes Canada 96 Larch St. Unit 400 Sudbury, ON P3E 1C1 (705) 671-3188 x 237
14	North West	Brain Injury Services of Northern Ontario 426 Balmoral St. Thunder Bay, ON P78 5G8 (807) 623-1188