

Behavioural Supports

- West Park Healthcare Centre – Behaviour Inpatient & Outreach Program
 - *Struan Cardoso*

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Referral Process – Behavioural Supports

- West Park Healthcare Centre – Behaviour Inpatient:
 - The Inpatient Forms found online (Please include Fax Cover Sheet) <http://www.abinetwork.ca/inpatient-forms>
- West Park Healthcare Centre – Behaviour Outreach Program
 - The ABI Community Profile referral form http://www.abinetwork.ca/uploads/File/ABI_Community_Profile_Master.pdf
- ABI Network Referrals require an ABI diagnosis, medical and rehab documentation.

Referral Process - Behavioural Supports

- Tips:
 - Provide the primary reason/clients goals for your referral
 - West Park Behaviour Inpatient referrals require a physicians signature and billing number
 - West Park Behaviour Outreach referrals can be made by individuals with ABI, family members, health professionals, or community organizations with client consent
- Seeking advice about an appropriate referral?
 - 1) Contact Referral Coordinator to discuss 416-340-4800 ext. 8660
 - 2) Review the following ABI Program Description online overview-
http://www.abinetwork.ca/uploads/File/Program_Descriptions_Master.pdf



Struan Cardoso

Behavioural Therapist

Acquired Brain Injury Behaviour Services



West Park Healthcare Centre





West Park Healthcare Centre

Acquired Brain Injury Behaviour Services
Established as a unit of WPHC in 1995 as part of the Repatriation Initiative

Who Needs Neurobehavioural Rehab?	What Services Do We Provide?
<ul style="list-style-type: none"> Moderate-severe acquired brain injury Challenging behaviours as the result of the injury 	<ul style="list-style-type: none"> Inpatient Unit Community Outreach Program Adult Day Program Survivor Support Group

Service Details

Inpatient Unit	1.0 BT; 3:5 RT staff to patient ratio; 5 beds
Community Outreach Program	2.0 BTs; Psychology and Neuropsychology
Adult Day Program	1.0 BT; 2 RTs; low stimulation environment
Survivor Support Group	SW and CM facilitate weekly meetings

What Services Do We Provide?

Inpatient Unit (5 beds)

- Service uses a behavioural approach to treatment of challenging behaviours that are the result of ABI
- Goal is to enable clients with ABI and associated challenging behaviours to lead purposeful and fulfilling lives
- Assist clients to learn skills necessary to live in community settings.
- Work closely with other service providers to coordinate a full spectrum of client services.

What Services Do We Provide?

Community Outreach Program

- 2 Behaviour Therapists
- Provide in-home consultations for clients, family members and caregivers to help manage challenging behaviours following ABI
- Provide education and training to families, care-providers, and organizations on coping with behavioural changes following ABI
- Goal directed clinical assessments and interventions use principles of Applied Behaviour Analysis and/or Cognitive Behaviour Therapy

Behaviour Concerns

- **behaviour deficits** (too little): initiation, follow through, ADLs
- **behaviour excesses** (too much): anger, agitation, perseveration
- **stimulus control issues** (the behaviour is okay, but in the wrong place or time): sexual comments

What Behavioural Problems Do We Address?

- Activities of Daily Living
Hygiene, dressing, feeding
- Skill deficits
- Participation in everyday activities, and use of compensatory strategies
- Aggression, anger, behavioural excesses
- Emotional lability

What does our Behavioural Program Do?

- Identify Service Goals
- Assess Behaviour Presentation
- Formulate Hypotheses
- Implement Treatment Strategies
- Monitor, Review and Fade Services
- Discharge

The Investigative Process

- **Define behaviour:** Describe exactly what the person said and/or did
- **Try to determine:**
 - Why a desired behaviour does not occur in a situation
 - Why an undesired behaviour is present in another situation

What do we do with clients?

- Identify service goals
- Collect baseline data relevant to goals
- Create behavioural programs

Referrals

All referrals to West Park ABI Behaviour Service program should be made via:

Toronto ABI Network

- **Inpatient Forms:** found online (Please include Fax Cover Sheet) <http://www.abinetwork.ca/inpatient-forms>
- **Outreach Forms:** found online http://www.abinetwork.ca/uploads/File/ABI_Community_Profile_Master.pdf

Information Contacts

Inpatient Unit/ Community Outreach Program

Clinical Director

Dr. Sharon Jankey 416-243-3600 ext. 2615



Contact Information



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