

Behavioural Supports

- Community Head Injury Resource Services
 - *Shobha Orlando & Roby Miller*
- Cota
 - *Kate Moore*
- York Simcoe Brain Injury Services, Mackenzie Health
 - *Ko Khaira*
- Mind Forward (previously PHD ABIS)
 - *Lindsey Neal*

Julie Osbelt, Referral Coordinator – Toronto ABI Network

Linda Ngan, Project Manager – Toronto ABI Network

Referral Process – Behavioural Supports

- ABI Network Referrals include the following agencies:
 - Cota
 - Community Head Injury Resource Services (CHIRS)
- The ABI Community Profile referral form can be found on our website

http://www.abinetwork.ca/uploads/File/ABI_Community_Profile_Master.pdf

- Apply directly to Mackenzie Health & March of Dimes Canada- York Simcoe Brain Injury Services by calling: 905-773-3038 x 6200. The Request for Service can be sent by fax: 905-773-5176
- Apply directly to Mind Forward, the application is available on their website:

<http://phdabis.org/files/PHDABISApplication.pdf>

Referral Process – Behavioural Supports

- ABI Network Referrals require an ABI diagnosis, medical and rehab documentation.
- Tips:
 - Provide the primary reason/clients goals for your referral
 - Consider if your client meets criteria for these programs i.e. age; lives within geographical catchment area
 - Referrals can be made by individuals with ABI, family members, health professionals, or community organizations with client consent
- Seeking advice about an appropriate referral?
 - 1) Contact Referral Coordinator to discuss 416-340-4800 x8660
 - 2) Review the following ABI Program Description online overview-
http://www.abinetwork.ca/uploads/File/Program_Descriptions_Master.pdf



Community Head Injury Resource Services (CHIRS)

Shobha Orlando

Intake Coordinator

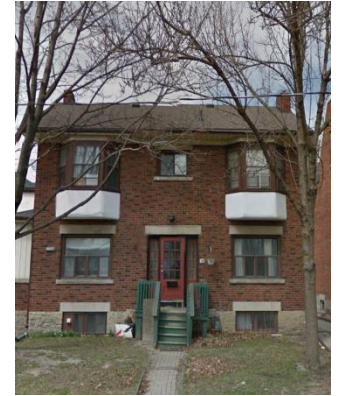
Roby Miller

Behaviour Therapist



About CHIRS (formerly Ashby House)

- Opened in 1978 as the first community-based brain injury transitional living program in North America
- Model for many programs across Canada, the U.S., and many other parts of the world.
- Evolved into a multi-service agency that provides a broad range of individualized services with ABI who have diverse and complex needs.



Accredited with Exemplary Status by Accreditation Canada.



CHIRS NEUROBEHAVIOURAL INTERVENTION PROGRAM

The Neurobehavioural Intervention Program is a specialized service through CHIRS Community Support Services that provides case management, educational and structured support interventions for individuals with co-occurring ABI and addictions and/or mental health issues.

Intervention aims to provide:

- Client education
- Peer support
- Prevention and harm reduction
- Problem solving and coping strategies



OVERVIEW OF CHIRS NEUROBEHAVIOURAL INTERVENTION PROGRAM

- Intensive case management
- Comprehensive substance use and brain injury (SUBI) assessment
- Neuropsychiatric assessment
- Addictions counselling
- Behaviour Therapy
- SUBI group
- Specialized clinical groups
- AA Group



DESCRIPTION OF CHIRS NEUROBEHAVIOURAL PROGRAM

- Our experienced, highly trained staff work collaboratively with the individual receiving services, their family, and addiction and mental health service providers to deliver comprehensive, individualized support, geared to the needs and goals of the individual.
- Staff support clients on a one-to-one and/or a group basis.
- Program staff include a clinical director/neuropsychologist, manager, behaviour therapist, addictions counsellor, community facilitators, social worker, occupational therapist, community nurse and a consulting neuropsychiatrist.



DESCRIPTION OF CHIRS NEUROBEHAVIOURAL INTERVENTION PROGRAM

Continued...

- A comprehensive substance use and brain injury assessment is completed by the CHIRS neuropsychologist and addiction counsellor/behaviour therapist at the time of admission.
- A neuropsychiatric assessment is also completed as needed by CHIRS' consulting neuropsychiatrist.
- Program staff work collaboratively with in-house clinical specialists and external consultants to support the individual as they pursue personal goals.



CHIRS NEUROBEHAVIOURAL INTERVENTION PROGRAM



Admission Criteria

- Have a moderate to severe acquired brain injury and substance use and/or mental health issues
- Be between the ages of 18 and 60 years old when services commence
- Live within CHIRS geographic catchment area (Toronto or York Region)
- Individual is expected to benefit from services



CHIRS NEUROBEHAVIOURAL PROGRAM

FEE STRUCTURE

- Subsidized and Fee for Service
- Fee for Service clients who live outside of catchment area can access this service

WAIT TIMES

- Vary depending on availability



HOW TO REFER TO CHIRS



- Subsidized clients without third party funding should refer via the Toronto ABI Network

(A completed ABI Community profile and relevant brain injury medical and consult reports must be included and submitted to the Toronto ABI Network by fax)

http://www.abinetwork.ca/uploads/File/ABI_Community_Profile_Master.pdf

- Fee-for-service clients with private or third party funding can refer directly to CHIRS

To request further information about our Residential Services, please contact: CHIRS intake department at 416-240-8000 or by email at intake@chirs.com



Kate Moore

Manager, Community Health Services

About Cota

Cota is an accredited community-based organization that has been supporting adults with mental health and cognitive challenges to live well within their communities for over 40 years.

We provide person-centred supports that assist individuals to find inspiration and hope in their inherent strengths and support them to pursue meaningful change in their lives, as they define it.

ABI Behaviour Supports

- Offered through Cota (formerly through the TC LHIN Home and Community Care Program) to provide behaviour therapy supports to individuals within their home and community.
- Assessment completed by a case manager as well as a goal plan for clients to address their challenging behaviours.
- Coordinates referrals for TC LHIN Home and Community Care ABI Services (OT, PT, SLP)

ABI Behaviour Supports

- Provide clients with behaviour therapy visits within the home to develop and practice skills related to challenging behaviours.
- Case Management coordinates services with the care team.

ABI Behaviour Supports

Eligibility Criteria:

- Must be over 16 years of age and be less than five years post injury, and
- Experiencing challenging behaviours

ABI Behaviour Supports

To make a referral:

Any caregiver, professional or prospective client can make a referral to Cota ABI Case Management Services through the Toronto ABI Network. Please complete the Community profile located on the website at www.abinetwork.ca and submit to the Toronto ABI network.

Mackenzie Health & March of Dimes Canada - York Simcoe Brain Injury Services



Ko Khaira
Behaviour Consultant

York-Simcoe Brain Injury Services

- A partnership between Mackenzie Health, Centre for Behaviour Health Sciences, and March of Dimes Canada
- We provide community based clinical services to individuals 16 years and older with a diagnosed acquired brain injury and those who support them
- Service area includes York Region, Simcoe County and Muskoka (Central and North Simcoe Muskoka LHINs)

York-Simcoe Brain Injury Services

Mackenzie Health

Behaviour Consultants:

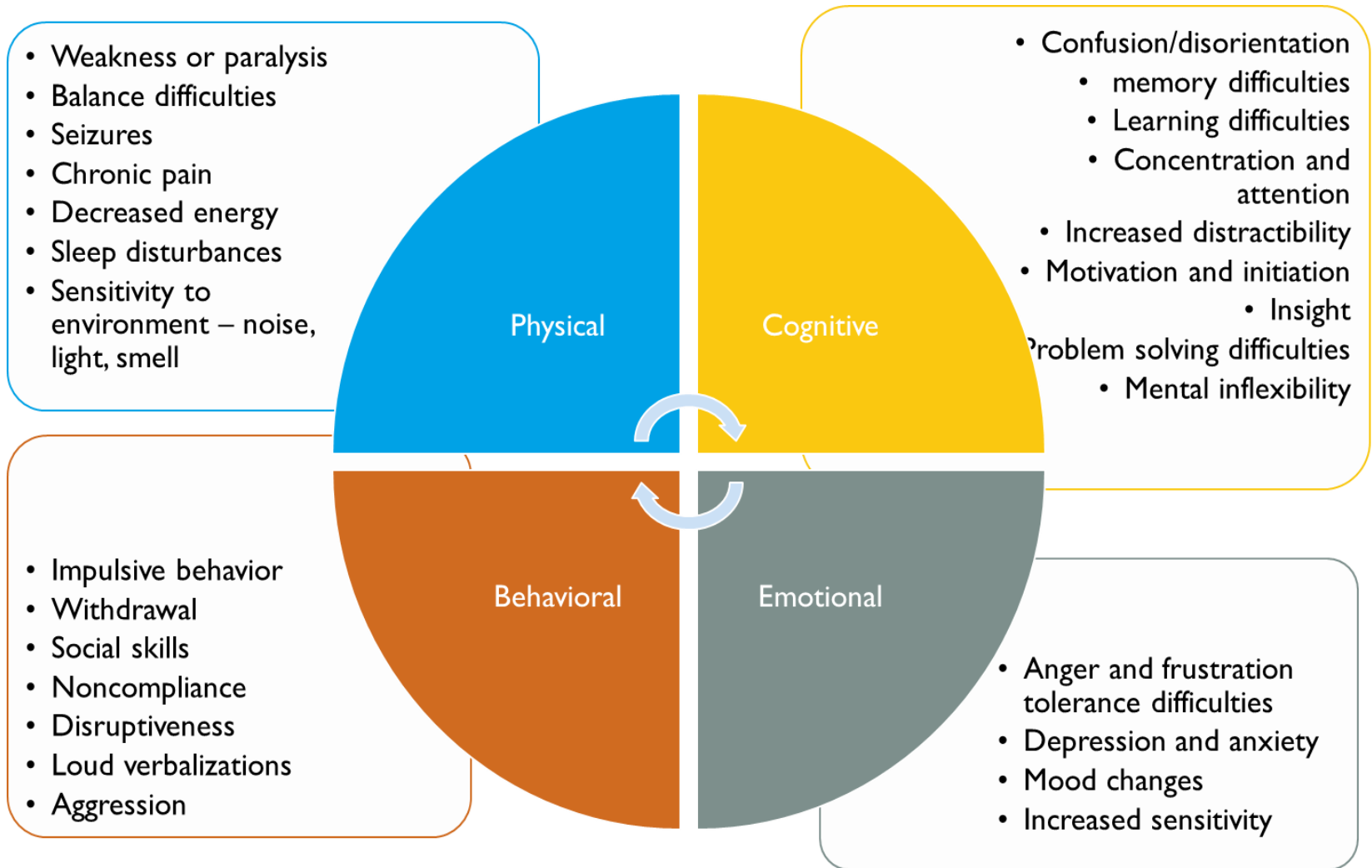
- Community based ABI functional assessment to support coping and adjusting to emotional and behavioural changes; utilize cognitive behavioural therapy and applied behaviour analysis
- Promote new strategies and skills to compensate for the deficits as a result of a brain injury
- Access to specialists to assist in assessment and treatment of ABI, such as neuropsychiatry, counselling and neuropsychological assessment as needed
- Education for clients, families and community about ABI

York-Simcoe Brain Injury Services

Framework for Behaviour Consultants:

- Follow the Case Conceptualization Model for ABI
- Identify developmental, precipitating and maintaining factors that contribute to thoughts/emotions/behaviours
- Collaborative goal setting – short and long-term
- Identify, anticipate, and address potential barriers to treatment effectiveness
- Assess client progress on a regular basis
- Holistic approach to understanding client: culturally, socially, ethnically sensitive

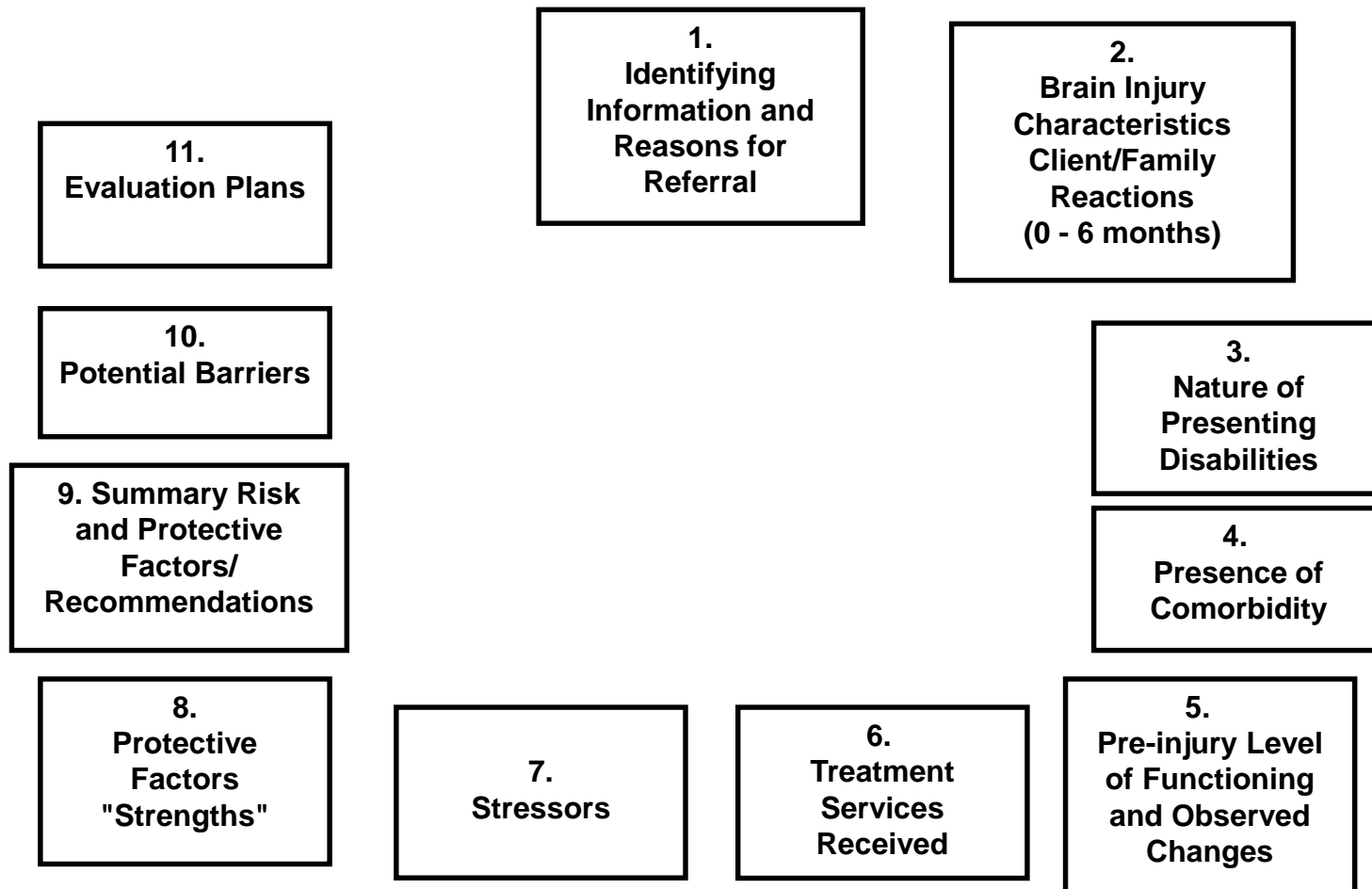
Impact of an Acquired Brain Injury



York-Simcoe Brain Injury Services

CASE CONCEPTUALIZATION MODEL APPLIED TO ABI

(Meichenbaum et al, 1999)



York-Simcoe Brain Injury Services

Problem Solving Group:

- Facilitated by Behaviour Consultants; 5-8 participants
- Individuals identify how their injury has impacted their lives, and learn to successfully manage problematic thinking patterns
- The group explores difficult situations, thinking patterns, emotional and behavioural resources and coping strategies
- 8-week course, two mornings a week for 2 hours
- Offered to active and wait-list clients

York-Simcoe Brain Injury Services

- Referrals can be made by individuals with ABI, family members, health professionals, or community organizations with client consent
- Referrals can be made by calling 905-773-3038 x 6200
- The Request for Service can be sent by fax to 905-773-5176



Formerly Peel Halton Dufferin Acquired brain injury
services (PHD ABIS)

Lindsey Neal, BCaBA
Behavioural Services Coordinator

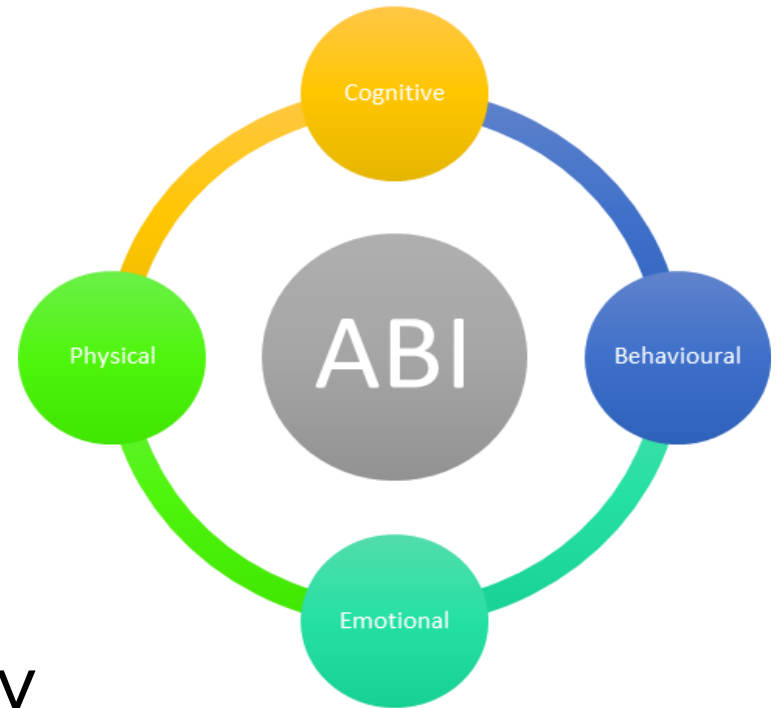
Behavioural Services at Mind Forward

Our mission is to achieve the highest quality of life possible for those persons whose lives have been touched by acquired brain injury.

Our behavioural services are designed to enable ABI survivors to reach this accomplishment.

Changes After Brain Injury

- Physical Changes
- Medical/Health Changes
- Changes in Perception
- Cognitive Changes
- Language Changes
- Mental Health Changes
- Behaviour and Personality Changes



Pillars of Prevention

**People with brain injury may need assistance in creating order in their lives.
We can help them do that.**

- People need structure
- People need consistency
- People need engagement



Behavioural Services at Mind Forward (What We Do)

- Residential Services
- Community Consultation
- Educational In-Services
- Respite + FAST
- Psychosocial Groups
- Individual Counselling/Psychiatric Support
- Neuropsychiatric Consultation
- Family & Caregiver services
- Seniors Services
- Supported Independent Living (SIL) Services

Behavioural Services at Mind Forward (How We Do It)

- Assessments
 - Behavioural & functional
 - Data collection & analysis
- Individualized Programs
 - Behaviour Management Program's
 - Functional Skills Training's
 - Goal Setting and Attainment
- Educating, Training & Mentoring
 - Clients, staff, caregivers, community partners

Who should apply?

Eligibility Criteria – All Services

To be eligible for general services, the individual must:

- Have a primary diagnosis of an Acquired Brain Injury (ABI)
- Be 16 years of age and over
- Live or choose to travel to the region of Peel, Halton, or Dufferin County
- Be an active participant in achieving mutually agreed-upon goals
- Be medically stable
- Be free of psychiatric or behavioural symptoms of an order that would preclude the individual from being able to participate in mutually agreed upon goals.

How to Apply

- Anyone can refer
- Application is available on website:
<http://phdabis.org/files/PHDABISApplication.pdf>
- Call Candice Drury at 905-949-4411 ext. 250



Contact Information



info@abinetwork.ca



416-597-3057

To receive updates on future events visit:

<http://www.abinetwork.ca/subscribe>