

The Hull-Ellis Concussion and Research Clinic at the Toronto Rehabilitation Institute: Care for Concussion Patients in Acute Stages Post Injury

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Clinic 'numbers': January 2016 – September 2018



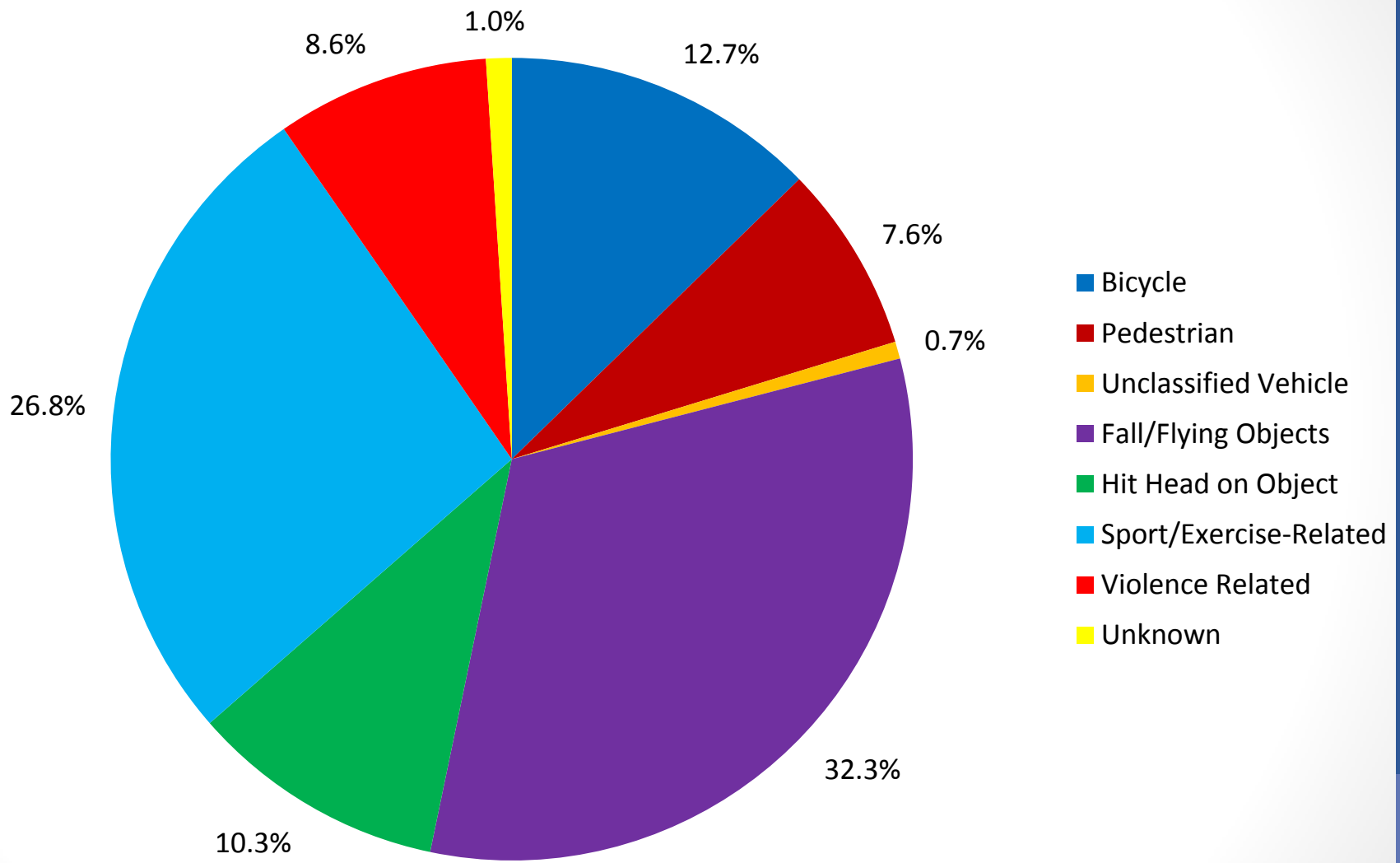
The Hull-Ellis Concussion
and Research Clinic

- Total referrals @ September 26:
1183
- Total seen in Clinic: **524**
- Patients enrolled in research 'arm':
328
- Patients who have completed all research components (Week 16):
116

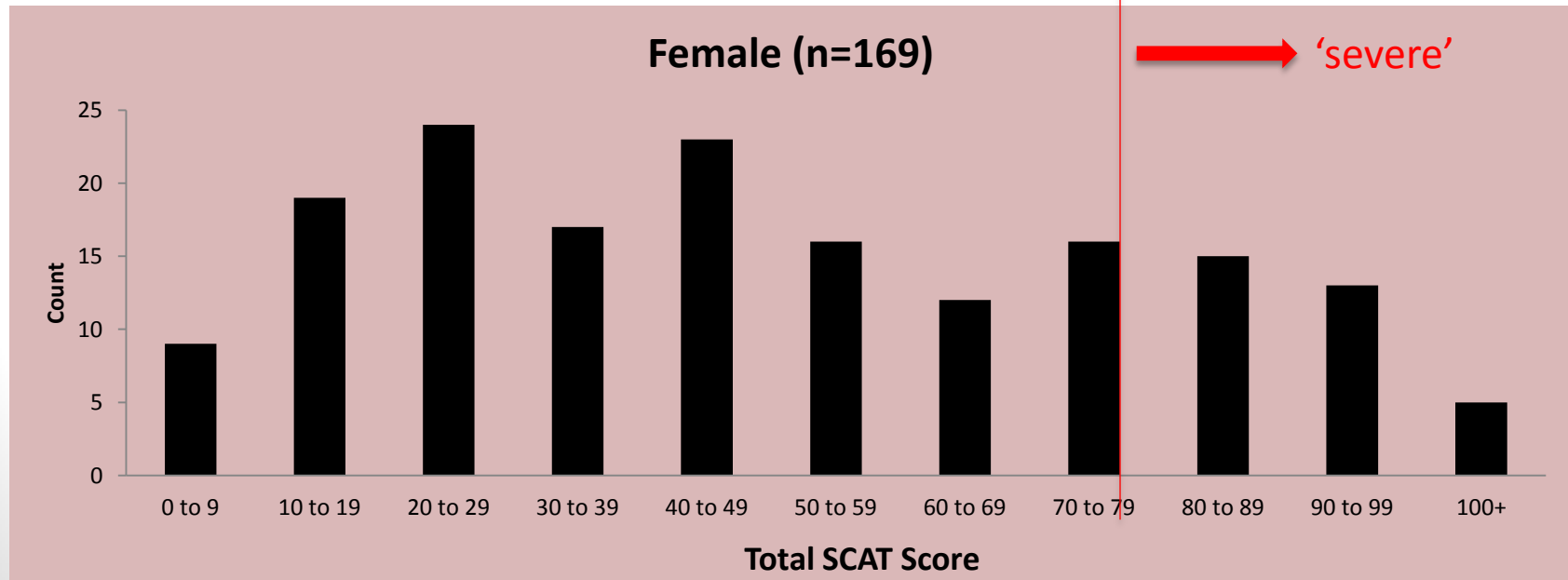
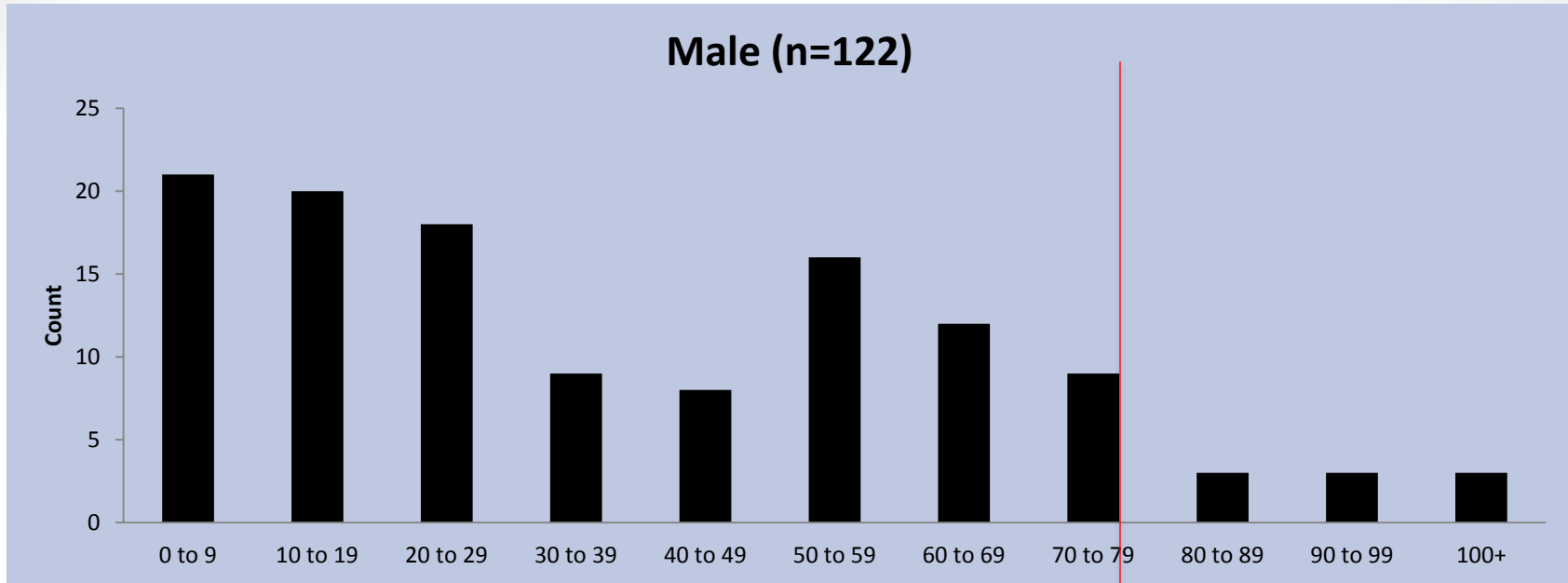
Patient Demographics (n=291)

Average Age	33.625
Median Education	Bachelors
Median Income	\$40,000 to \$60,000
Three most common pre-existing conditions	Anxiety, Depression, and Migraine
Employment Status	Employed or Students
Involved in some form of sports activity pre-injury	163 (56.0%)
Involved in rec. sports activities	102 (35.1%)
Patients who sustained sports related concussion	78 (26.8%)

Mechanism of Injury (n=291)

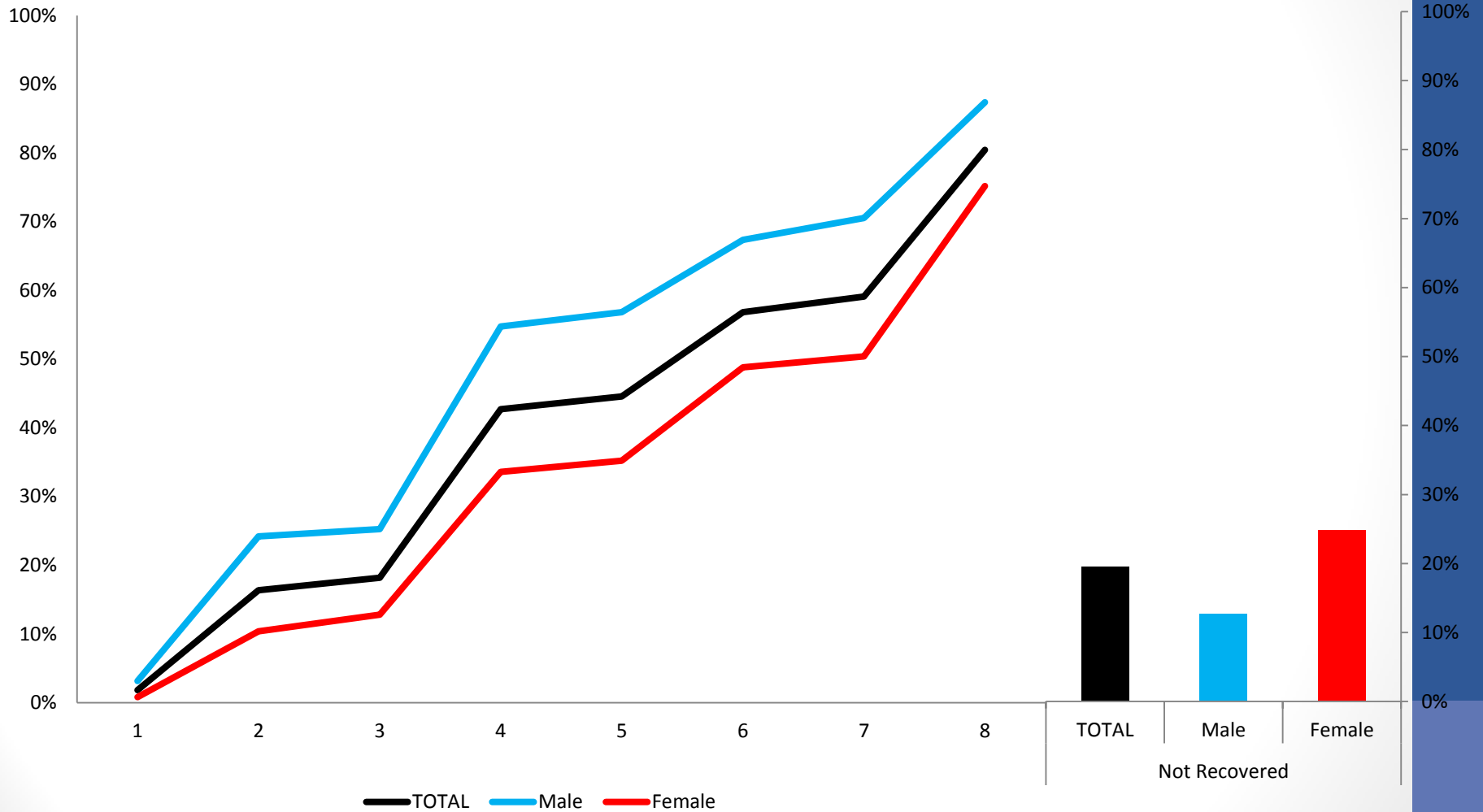


Distribution of Total SCAT3 Scores /132



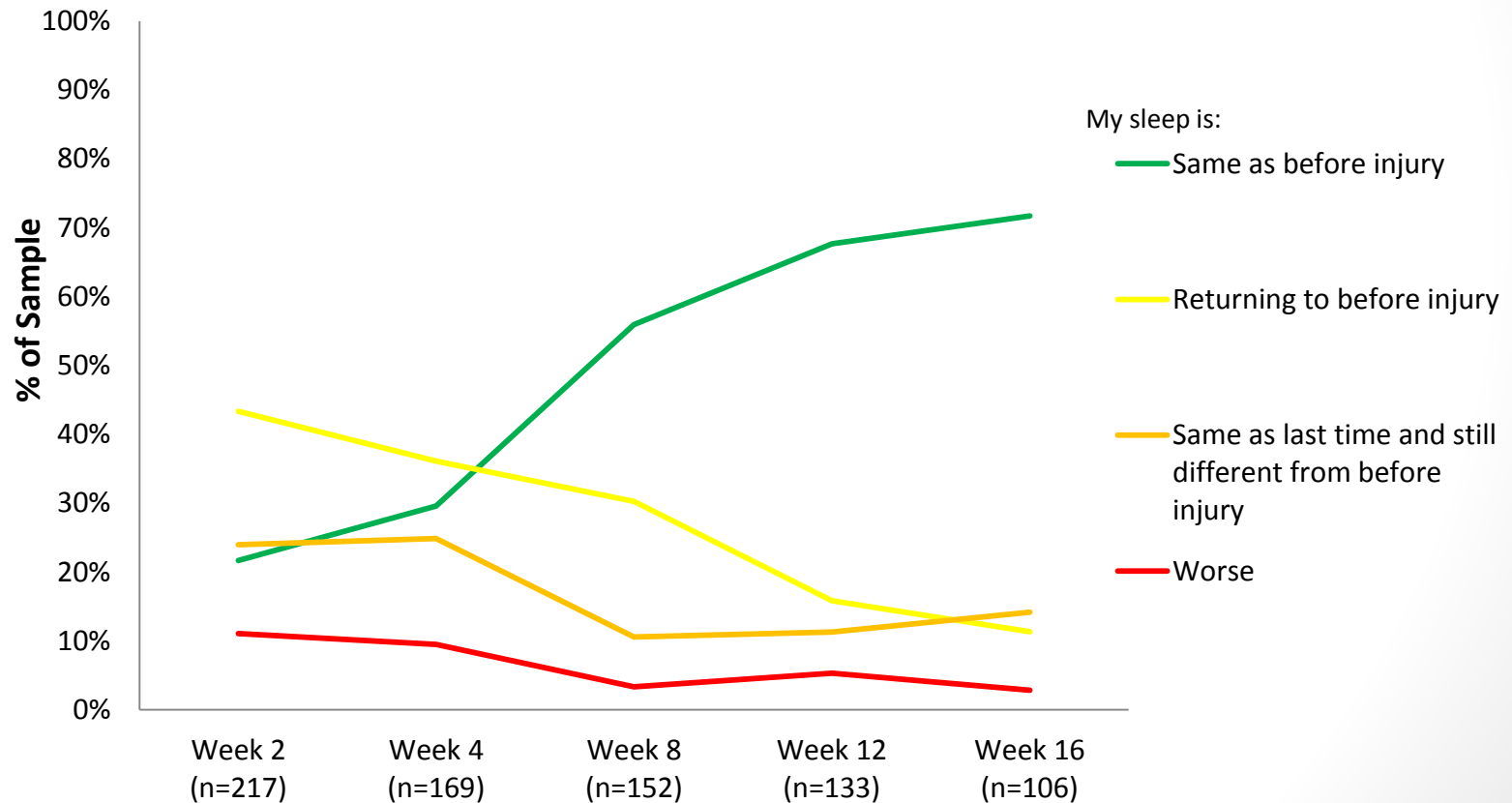
Trends in Recovery

59 patients did not complete the program.
43 patients did not recover by week 8.
n = 220



Results: Sleep Status - Across Recovery

Since last time, what sentence best describes your sleep?



Psychological Symptoms Post-Concussion

