

Ontario Neurotrauma Foundation
Fondation ontarienne de neurotraumatologie



Bringing a CPG into practice: Spotlight on implementation projects across the province

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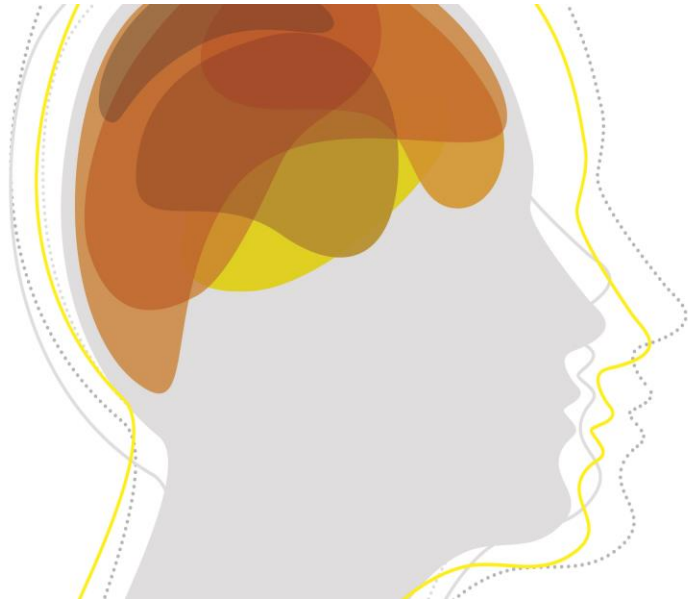


Objective

Discuss the work the Ontario Neurotrauma Foundation is facilitating across the province to increase implementation of the **INESSS-ONF Clinical Practice Guideline for the Rehabilitation of adults with Moderate to Severe TBI**



<https://braininjuryguidelines.org>



CLINICAL PRACTICE GUIDELINE

FOR THE REHABILITATION OF ADULTS WITH MODERATE TO SEVERE TBI



Two Sections:

1. Components of the Optimal TBI Rehabilitation System
2. Assessment and Rehabilitation of Brain Injury Sequelae



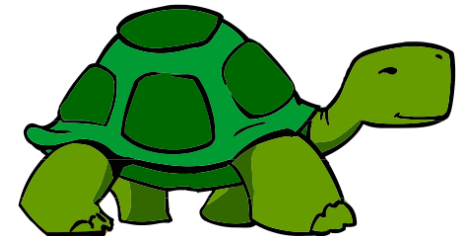
Implementation Strategy

We need to narrow the gap between knowing and doing

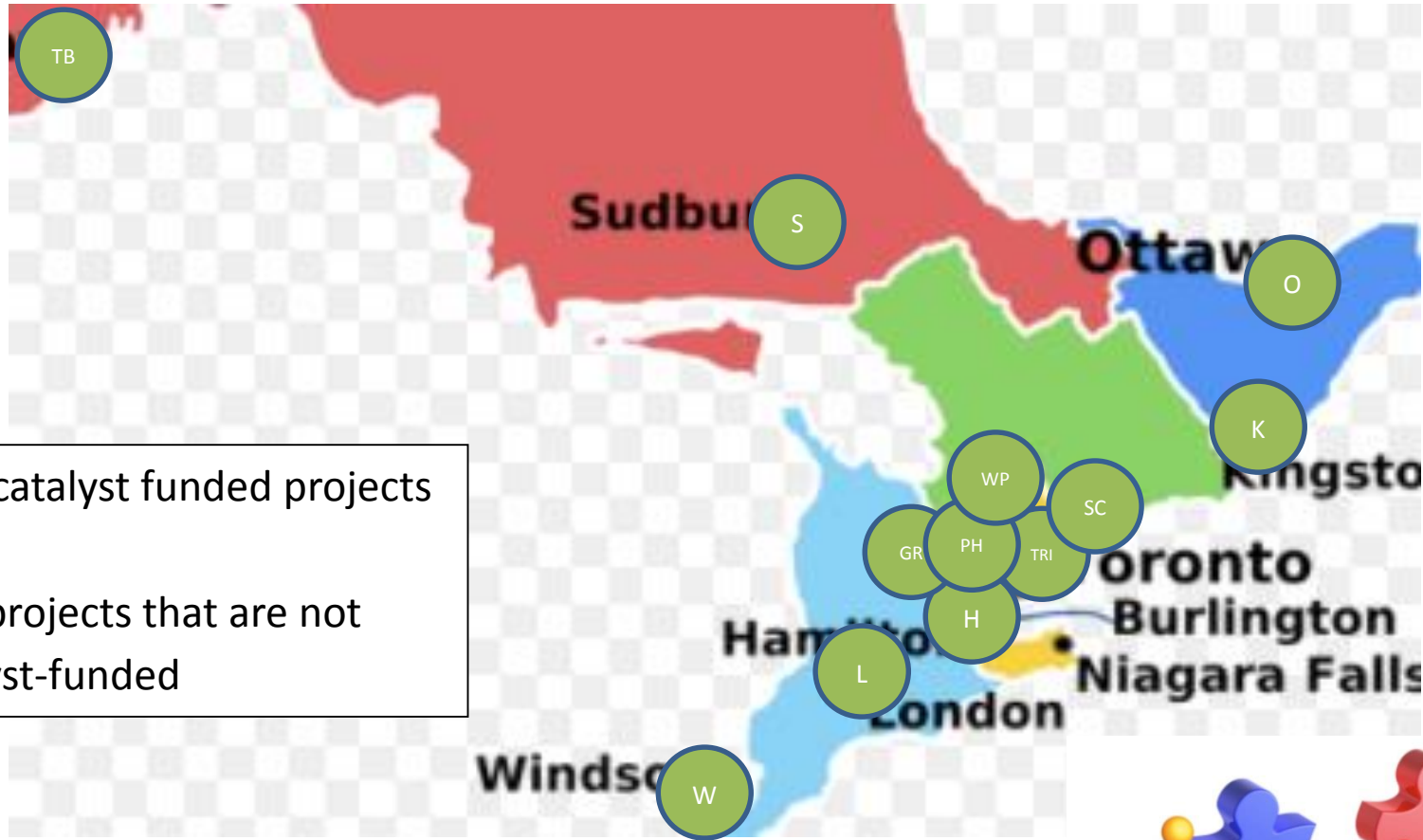
- Clear description of what implementing
- Identification of barriers, facilitators and what tools/resources needed
- Formation of Implementation and Support Teams
- Plan for evaluation and sustainability



Strategy over chance



Who is working on implementation?



N= 9 catalyst funded projects

Also projects that are not catalyst-funded





Sexuality Education

Recommendation Q 1.3

- A **discussion about sexuality** should be carried out with individuals following traumatic brain injury. The discussion should be initiated by an appropriately trained clinician and should cover the following aspects of sexuality:
 - **Physical aspects** (e.g., positioning, sensory deficits, erectile dysfunction, drugs, disruption to menstrual cycle)
 - **Psychological aspects** (e.g., communication, fears, altered roles, disinhibition, threats to safety, and sense of attractiveness)

(Adapted from NZGG 2006, 6.5, p. 113)



Telephone follow-up: Supporting community transition post ABI rehab

Recommendation D1.1

All individuals with traumatic brain injury (TBI) discharged from a specialized TBI rehabilitation program (inpatient, outpatient, residential) should have access, if needed, to

scheduled telephone follow-up contact with a professional skilled in

motivational interviewing, goal setting, providing reassurance and problem-solving support.

(Adapted from NZGG 2007, 9.1, p. 130)



Making Memories: Developing programs to help support our clients with memory deficits

Recommendation J 5.1

Teaching internal compensatory strategies may be used for individuals with traumatic brain injury who have memory impairments.

Their use tends to be most effective with individuals who have mild-to-moderate range impairments and/or some preserved executive cognitive skills....

Using multiple strategies is considered effective, and **strategies can be taught individually or in a group format.**

(INOG 2014, Memory 1, p. 372)