Toronto abi Network

Residential Services in GTA

- Community Head Injury Resource Services - *Shobha Orlando*
- Cota – *Venky Rao*
- March of Dimes Canada - *Joanne Dick*
- Mind Forward (previously PHD ABIS) – *Tanya Jackson*
- PACE Independent Living - *Jackie Wilson*
- NRIO *(Division of Bayshore Therapy & Rehab)* - *Colleen Boyce*

Julie Osbelt, Referral Coordinator – Toronto ABI Network
Linda Ngan, Project Manager – Toronto ABI Network

Referral Process – Residential Services in the GTA

- ABI Network Referrals include the following agencies:
  - Community Head Injury Resource Services (CHIRS)
  - Cota
  - March of Dimes
  - PACE Independent Living
  - The ABI Community Profile referral form can be found on our website http://www.abinetwork.ca/uploads/File/ABI_Community_Profile_Master.pdf
- Also possible to apply directly to March of Dimes: https://www.marchofdimes.ca/EN/programs/abi/Pages/default.aspx
- Apply directly to Mind Forward, the application is available on their website: http://phdabis.org/files/PHDABISApplication.pdf
- Apply directly to NRIO by contacting Colleen Boyce, Director, NRIO Division of Bayshore Therapy & Rehab at T: 416 231 4358 ext. 37122 F:416 231 9982 E: CBoyce@nrio.ca

Toronto abi Network

Referral Process - Residential Services in the GTA

- ABI Network Referrals require an ABI diagnosis, medical and rehab documentation and/or neuropsychology or psychiatry reports
- Tips:
  - Provide the primary reason/clients goals for your referral
  - Be transparent about the long waitlists with clients and families
  - Referrals for Residential Services do not require a physicians signature and billing number
- Seeking advice about an appropriate referral?
  - 1) Contact Referral Coordinator to discuss 416-340-4800 x8660
  - 2) Review the following ABI Program Description online overview http://www.abinetwork.ca/uploads/File/Program_Descriptions_Master.pdf

Toronto abi Network

Toronto abi Network

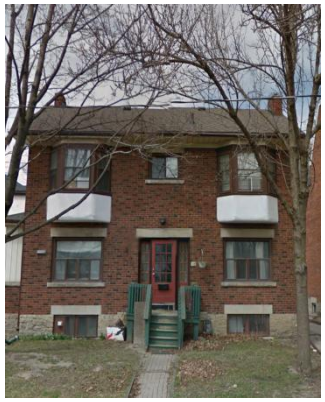
Community Head Injury Resource Services (CHIRS)

Shobha Orlando

Intake Coordinator

CHIRS (formerly known as Ashby House)

- Opened in 1978 as the first community-based brain injury transitional living program in North America



- Model for many programs across Canada, the U.S., and many other parts of the world.

- Evolved into a multi-service agency that provides a broad range of individualized services with ABI who have diverse and complex needs.

Accredited with Exemplary Status by Accreditation Canada.

CHIRS MISSION STATEMENT

OVERVIEW OF CHIRS RESIDENTIAL SERVICES

- CHIRS provides a range of long-term, supportive housing options within a variety of residential settings.

- Our experienced, highly trained residential support staff work collaboratively with the individual receiving services, their family and clinical consultants to deliver comprehensive, individualized programs and support, which maximize functional independence in all areas of community living.

- The type and amount of support varies with the unique abilities and needs of each individual.

Continued…

OVERVIEW OF CHIRS RESIDENTIAL SERVICES

- Care and Service plans are developed with the individual and their family based on an assessment conducted at the time of admission. Ongoing assessments are also conducted regularly to evaluate the plan for services.

- Program staff include a clinical and program director, manager, service coordinators, residential facilitators, behaviour therapists, neuropsychologists, social worker, occupational therapist and a consulting neuropsychiatrist.

- Residential Facilitators work collaboratively with in-house clinical specialists and consultants to support the individual as they pursue personal goals related to their ADLs and IADLs.

CHIRS RESIDENTIAL SERVICES

Offering a variety of long-term, supportive housing options serving 35 clients in the Toronto area

24-hour onsite supervision

24-hour access to staff supervision

Aldebrain Towers in Scarborough
23 clients

St. Georges in Etobicoke
7 clients

Finch Program in North York
5 clients

CHIRS RESIDENTIAL SERVICES

GENERAL ADMISSION CRITERIA

- Have a moderate to severe acquired brain injury
- Be between the ages of 18 and 60 years old when services commence
- Live or be willing to move to Toronto/York Region
- Be medically and psychiatrically stable
- Individual is expected to benefit from services

CHIRS RESIDENTIAL SERVICES

FEE STRUCTURE

- Subsidized and Fee for Service

WAIT TIMES

- Vary depending on availability

HOW TO REFER TO CHIRS

- Subsidized clients without third party funding should refer via the Toronto ABI Network

(A completed ABI Community profile and relevant brain injury medical and consult reports must be included and submitted to the Toronto ABI Network by fax)

http://www.abinetwork.ca/uploads/File/ABI_Community_Profile_Master.pdf

- Fee-for-service clients with private or third party funding can refer directly to CHIRS

To request further information about our Residential Services, please contact: CHIRS intake department at 416-240-8000 or by email at intake@chirs.com

Toronto abi Network

Venky Rao

Manager, Community Health Services

ABI - Collegeview

Residential Services

Cota
Inspiring Change

ABI – Collegeview Residential Services

Who are we?

- Cota is an accredited organization serving clients with mental health and cognitive challenges for over 40 years.

- Our services include case management, supportive housing, short-term residential beds, day programs, court and justice related services, an assertive community treatment team (ACT), and services for individuals who are experiencing homelessness.

- Cota's ABI – Collegeview services can accommodate up to 16 residents that have lower support needs and an additional 4 residents that have complex care needs.

Toronto abi Network

Cota
Inspiring Change

What we do?

Services Offered

Cota provides 24/7 on-site support to our clients. Our staff work collaboratively with residents, their families, the landlord and other clinicians, as appropriate, to assist residents to:

- Develop an individual safety and housing support plan
- Maintain their housing stability and a healthy housing environment
- Acquire and/or maintain the skills necessary for daily living
- Participate in health promotion and community development activities such as tenant meetings, structured educational events and social activities
- Resolve situational problems/disputes
- Link to other desired community services/supports, as needed
- Achieve/maintain optimum health and wellness
- Pursue personal recovery

Admission Criteria

For the services that support people with lower supports needs, the applicants must:

- Be 16 years of age or older,
- Have a medical diagnosis of an Acquired Brain Injury:
  - Hospital records or documentation of ABI symptoms/diagnosis
  - Assessments e.g. Neuropsychological Assessment
- Be able to live relatively independently & safely in the community with moderate levels of support.

Admission Criteria…

For the services that support people with complex care needs, the applicants must:

- Have complex support needs; (e.g. physical, cognitive, mental health and/or safety needs),
- Currently be on the provincial priority list with Hamilton Health Sciences, and
- Need 24/7 support in order to live successfully within the community.

Referral and Intake Process

Services for People with Lower Support Needs:

- The program accepts referrals through the Toronto ABI Network. The program holds a short wait list. *(Currently we are not accepting any new referrals)*
- Clients are invited to Collegeview for a tour as part of the application process
- Individuals on the waitlist will be considered when a vacancy arises
- If the applicant is accepted, the Manager and ABI Case Manager work with the client/referral source to complete needed paperwork for the program and for Toronto Community Housing (TCH).

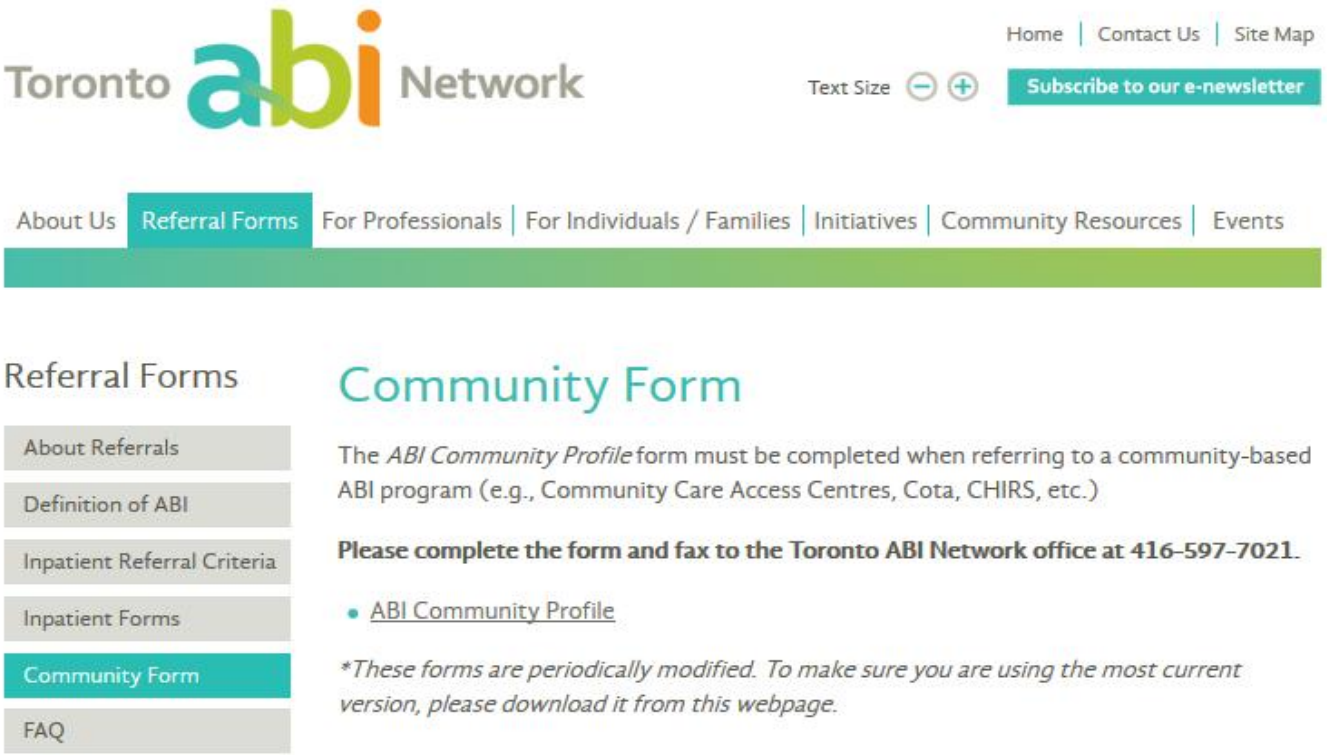
Referral and Intake Process

Services for People with Complex Care Needs:

- The program only accepts referrals from Hamilton Health Sciences, as they are responsible for managing the provincial priority list of individuals with complex care needs
- Intake interview with client and family/SDM or other professionals as appropriate, is completed
- A tour of the Collegeview site is completed

Once the referral is deemed to be an appropriate fit, a move-in date is arranged and the ABI Manager to make preparations for the new client's arrival.

How to Refer



The ABI Community Profile form must be completed when referring to a community-based ABI program (e.g., Home and Community Care (HCC), Cota, CHIRS, etc.)

Please complete the form and fax to the Toronto ABI Network office at 416-597-7021. This form can downloaded from http://www.abinetwork.ca/community-form

Toronto abi Network

Cota
Inspiring Change

Toronto abi Network

Joanne Dick

Independent Living Resource Worker

March of Dimes Canada Acquired Brain Injury Supportive Housing Program

- Services are provided to individuals living with the effects of acquired brain injury within 2 programs located within Toronto and Central LHIN Heritage East Newmarket and Cooperage Toronto.
- Our program is funded by Ontario's Local Health Integration Networks (LHINs) and is ISO 9001:2015 registered

Eligibility:

- We provide in program and community based services to individuals 16 years and older with a diagnosed acquired brain injury, not in receipt of insurance money and are able to participate in goal based services
- Our program provides daily living supports in conjunction with a Individual Rehabilitation Plan.

Toronto abi Network

MARCH OF DIMES CANADA

March of Dimes Canada Acquired Brain Injury Supportive Housing Program

Program Model:

- Through the development of a Individual Rehabilitation Plan each Consumer's receives one on one supports from a Rehabilitation worker. Services are tailored to individual needs and are based on daily living goals which include support within their home and Community.
- Our support is guided where applicable by proven strategies incorporating coping methods provided by York-Simcoe Brain Injury Behavioural Consultant and recommendations from consulting Neuro Psychiatry.

Toronto abi Network

MARCH OF DIMES CANADA

March of Dimes Canada Acquired Brain Injury Supportive Housing Program

Program Model *(continued)*:

- Services are provided daily with access 24 hours a day from a on site Rehabilitation Team. We provide various resources and support consumers to connect to the community to improve: daily living skills, communication, community orientation and integration, emotional and behavioural support, life skills training, vocational support, recreation opportunities and more.

Newmarket and Toronto Programs

- Our ***Newmarket Heritage East Program*** is a 24 hour Supportive Housing Program which opened in 1997 and provides support to 9 individuals living with the effects of an Acquired Brain Injury.
- Our ***Toronto Cooperage Program*** is our second 24 hour Supportive Housing Program which opened in June 2016 within the former 2015 Pan Am Athletes Village building providing service to 5 individuals.

Toronto abi Network

MARCH OF DIMES CANADA

Newmarket and Toronto Programs

- Newmarket Heritage East Program has 3, 2 bedroom units and 3 single units within the building that March of Dimes staff provide service in.
- The program is staffed with 10 full time Acquired Brain Injury Rehabilitation Workers as well as one Rehabilitation Services Coordinator.
- Toronto Cooperage Program has 5, 1 bedroom fully accessible units with roll in shower and automatic door access.
- The program is staffed with 4 full time Acquired Brain Injury Rehabilitation Workers and one Rehabilitation Services Coordinator.

Newmarket and Toronto Programs

- Both programs consult with a Behavior Consultant from York Simcoe Brain Injury Services which is in partnership with Mackenzie Health hospital.
- Our program model provides individualized services based on expressed interest and specific goals consumers strive to obtain. The objective of our service is to provide the opportunity for individuals to acquire new skills, develop strategies for community integration as well as community orientation and recreational activities.

Fee for Service

Outreach and Residential Rehabilitation Services

- March of Dimes provides around the clock rehabilitation services to adults and children who have either survived an acquired brain injury or have another disability on a fee-for-service basis, as well as a funded basis for those who qualify.
- These services are offered across Ontario only and may be provided in conjunction with other March of Dimes services.
- In the event that the funding for an individual's care would end, March of Dimes Canada's disability management advisors have the potential ability to support a smooth transition into programs funded by the Local Health Integrated Network (LHIN).

March of Dimes Acquired Brain Injury Supportive Housing Program Referrals

- Referrals can be made by individuals with ABI, family members, health professionals, or community organizations by completing the Toronto ABI Network, ABI Community Profile referral tp://www.abinetwork.ca/community-form
- By downloading and completing March of Dimes Acquired Brain Injury Service Application https://www.marchofdimes.ca/EN/programs/abi/Pages/default.aspx
- If you have a referral inquiry or require assistance to may make a referral please contact Joanne Dick, Independent Living Resource Worker 905-773-7758 ext 6216 jdick@marchofdimes.ca

Toronto abi Network

MARCH OF DIMES CANADA

March of Dimes Acquired Brain Injury Supportive Housing Program Referrals

- Fee for Service referrals can be made by contacting March of Dimes Canada **Ruth McDonald** | National Manager, Independent Living
- Email:mcdonald@marchofdimes.ca Office: 705-671-3166, Fax:705-671-6240

Contact Information

Joanne Dick
Independent Living Resource Worker, Central Region
March of Dimes Canada
13311 Yonge St., Ste. 203 Richmond Hill, Ontario L4E 3L6
Phone: 905.773.7758 x 6216 | Fax: 905.773.3746

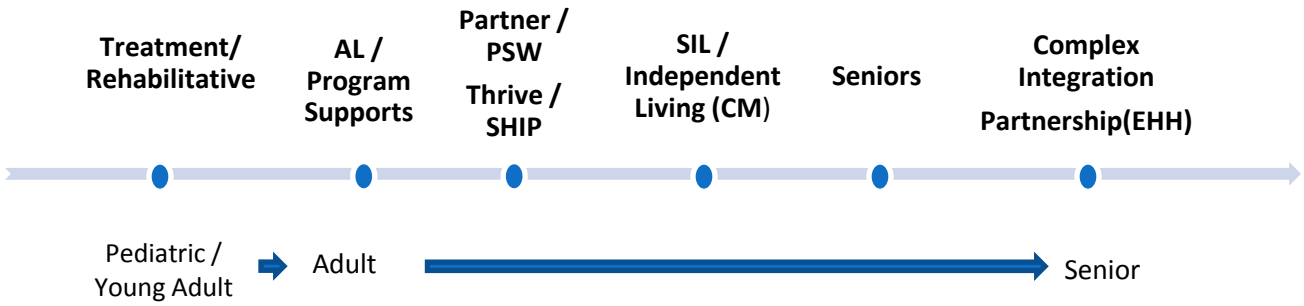
Toronto abi Network

Formerly Peel Halton Dufferin Acquired brain injury services (PHD ABIS)

Tanya Jackson

Mind Forward Services

Acuity/ Resource Intensity



Assisted Living

- MMP Treatment Beds (PHD West & TRSL)
- Residential Rehabilitation & Treatment (Britannia, Conover, Windsor Hill)
- Partnerships (Thrive, SHIP, Region of Peel)

Outreach

- Day Services
- Psychosocial Groups
- Case Management
- SIL
- Seniors
- Caregivers Services

Clinical Services

- Neuropsychiatry
- Psychology
- Behavioural Consultation
- Family/caregiver counselling
- Intake/Targeted Case Management

Education / System Coordination

- ABI Education Program
- Complex Tables
- Provincial ABI System Navigation/Coordination

Assisted Living Rehab and Treatment

- We believe that all people deserve a safe and trusted place to live, and learn. Assisted Living Rehab and Treatment promotes and encourages opportunities for personal growth and development by empowering individuals in their home and within the community.
- Assisted Living provides supported living (staffed apartments / X 3) and focuses on: maintenance of client gains made in other specialized services; Adaptive / Functional Life Skills Training. All other client goals are addressed via external referrals as well as through the Day/Community Programme which is based on the *"Engagement Model."*

TRSL

Transitional Residence for Specialized Learning

- 6 bed facility located in Mississauga
- offers a highly supported environment to clients who present with cognitive and memory impairments, behavioural difficulties as well as a variety of physical and medical needs
- Focuses on behaviour management, functional skills training and community integration.

Toronto abi Network

mind forward
BRAIN INJURY SERVICES

Conover

- 3 bedroom apartment in Brampton
- Staffing ratio – 2:3
- Client Profile - Varying degree of cognitive, behavioural, physical needs
- High degree of physical support required
- Current Location for Respite+ / Functional Assessment Client

Britannia Place

- 4 bedroom apartment
- 4 female clients
- Staffing ratio – 2:4
- Client Profile - Varying degree of cognitive, behavioural, physical needs
- High degree of physical support required

Windsor Hill

- 5 bedroom apartment + 1 skills training /transitional apartment– designed to assess the occupants abilities and prepare individuals for possible graduation to an independent community residence
- Staffing ratio – 1:6

- Client Profile – Varying degree of cognitive, behavioural, physical needs (to a lesser extent compared to the previously mentioned sites)

Mind Forward West

- The clients supported at West are among some of the hardest to serve clients with an ABI in Ontario.
- Before admission to MF West, our clients were supported in psychiatric & chronic care wards.
- Many Ontario facilities were not equipped to handle the special needs these individuals presented; as such, some received care in facilities in the U.S.
- West provides clients with a comprehensive 24-hour structured and supportive living environment that ensures the safety & security of both our clients & the community. 8 beds are currently operational at MF West.

Respite+/Functional Assessment

- The Respite beds in a Mind Forward Assisted Living environment provides support for a pre-determined number of days, designated on a case by case basis. This environment is in a community-based shared-living setting with 24 hour staffing to support with mild-moderate behaviour management, medication monitoring and functional skill assessment. In addition, the family receive management/ treatment advice, rendered in **Strategic Service Recommendations** from the team concerned, which would include Psychologists, Neuropsychiatrist, Social Workers, and Behaviour Therapist.

Who should Apply?

Eligibility Criteria – All Services

To be eligible for general services, the individual must:

- Have a primary diagnosis of an Acquired Brain Injury (ABI)
- Be 16 years of age and over
- Live or choose to travel to the region of Peel, Halton, or Dufferin County
- Be an active participant in achieving mutually agreed-upon goals
- Be medically stable
- Be free of psychiatric or behavioural symptoms of an order that would preclude the individual from being able to participate in mutually agreed upon goals.

How To Apply

- Anyone can refer
- Application is available on website: http://phdabis.org/files/PHDABISApplication.pdf
- Call Candice Drury at 905-949-4411 ext. 250

Toronto abi Network

PACE

LIVE YOUR LIFE

Jackie Wilson

Program Manager

Our Services

Supportive Housing

Day Programs

Community Program

Supportive Housing

- We provide 24-hour support to individuals with mild/moderate acquired brain injuries who live in their own studio apartment.

Clients must be:

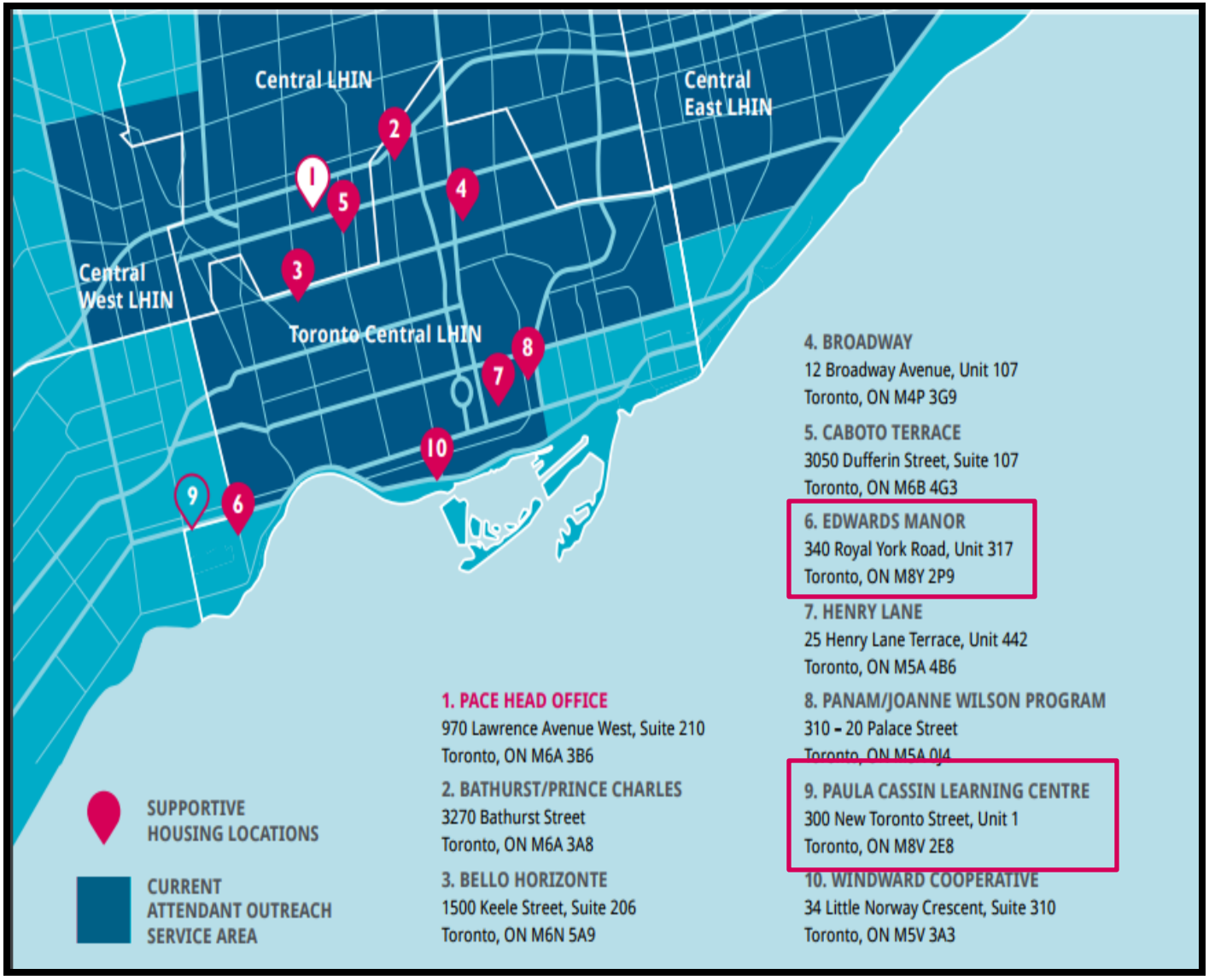
- 45-years of age or over (requirement of landlord TCHC)
- Must be able to work on short-term goals and make a commitment to the program
- Not present a harm to themselves or others
- Be able to interact safely when out in the community

Supportive Housing

THE ADMISSION PROCESS

1. Application is submitted
2. In-take meeting is held
3. Vision meeting is held

PACE Service Delivery Area



ABI Community Program – serving the GTA

ABI Supportive Housing

ABI Day Programs

PACE
LIVE YOUR LIFE

PACE Independent Living

Contact Information

For more information contact:

Jackie Wilson 416-789-7806 ext. 314

JLWilson@pace-il.ca

Toronto abi Network

PACE
LIVE YOUR LIFE

Toronto abi Network

nrio

Neurologic Rehabilitation Institute of Ontario

A DIVISION OF BAYSHORE THERAPY & REHAB

Colleen Boyce

Director, NRIO

Welcome to NRIO

Division of Bayshore Therapy & Rehab

Overall Scope of Services

- The programs of the Neurologic Rehabilitation institute of Ontario (NRIO) are designed to assist each person served with attaining the maximum degree of functional independence available to them and to sustain their level of functional independence upon the conclusion of rehabilitation services.
- NRIO offers a range of services to persons with brain injury in clinic, school, residential, supported living, hospital, and long term care settings.

The Rehabilitation Team

- Regulated Health Care Professionals
- Rehabilitation Therapists
- Medical professionals & Neuropsychologist
- Case manager
- Lawyer

- Clients
- Clients' families/ representative(s)
- Others related to clients' lives in the community
- Their payer source representative (e.g. insurance adjuster)

Referral Sources

- Case managers
- Insurance claims adjusters
- Physicians
- Hospital medical / discharge planners
- Legal representatives
- Family members
- Other rehabilitation professionals
- Client Advocates
- The Clients
- Other

Funding Sources for Rehabilitation Program

NRIO's funding sources include, although not limited to:

- Automobile liability insurance;
- Worker's Safety Insurance Board (WSIB);
- Workers Compensation Board (WCB);
- Ministry of Health;
- Private health insurance plans;
- Specific public contracts and
- Private payment

Access to Care

- NRIO services residential clients from Ontario and nationally.
- 18 Years + for Residential Services.
- 6 Years + for Clinic, Day Programming, School related services.
- Services may be offered in our clinics, residences, the client's school and retirement homes.
- Client has to be medically stable and no violent behaviours.
- NRIO's residences operate throughout the year and are available on a 24 hour a day basis – rehab and not medical model.
- NRIO staff are available to respond to emergency referrals, although a team member has to meet the client first to ensure proper service transition.
- Seldom a Wait list.
- NRIO refers to Bayshore Therapy & Rehab/Bayshore Home Health for community and home rehab support or other community based rehabilitation companies appropriate to serve the clients needs.

Program Services

1. Complex Care and Residential Rehabilitation
2. Residential Assessments – Independent Living or to assist with CAT determination
3. Supported Living Apartment Program
4. Coma Stimulation Program/Slow to Recover
5. Dual Diagnosis
6. Group Programs
7. School Resource Services (SRS)& Adolescent Programs

Location of Services

- Etobicoke Residence
- Hamilton Residence
- Mississauga Residence
- NRIO Supported Living Apartments (SLA)
- School Resource Services (SRS)
- NRIO Clinic

Thank you!

Referrals to:

Colleen Boyce

Director, NRIO

Division of Bayshore Therapy & Rehab

Tel: 416 231 4358 ext. 37122

Fax: 416 231 9982

Email: CBoyce@nrio.ca

nrio

Neurologic Rehabilitation Institute of Ontario

A DIVISION OF BAYSHORE THERAPY & REHAB

Toronto abi Network

Contact Information

info@abinetwork.ca

416-597-3057

To receive updates on future events visit:
http://www.abinetwork.ca/subscribe