

SHARING EXPERIENCES WITH CONCUSSION/TBI



Sharing Experiences with Concussion/TBI Multi-Media Podcast Series

Sharing Experiences with Concussion/TBI is an experience driven, multi-media podcast series that seeks to educate, support and spread awareness on the many facets of Concussion/TBI injuries. By combining the strengths of the Headsup Concussion Advocacy Network, the Ontario Brain Injury Association (OBIA) and the former Ontario Neurotrauma Foundation (ONF), we have created a 7-part podcast series focused on understanding the lived experience of concussion/TBI.

This series facilitates an environment for industry professionals and people directly affected by the injury to have meaningful, informed discussions about what it's like going through a Concussion/TBI in various aspects of life.

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EPISODE GUIDE

- EP #1 - DIAGNOSING A CONCUSSION/TBI
- EP #2 - RETURN TO LEARN
- EP #3 - RETURN TO WORK
- EP #4 - RETURN TO SPORT
- EP #5 - SUPPORT SYSTEMS
- EP #6 - LIFE AFTER A CONCUSSION/TBI
- EP #7 - FACILITATOR DISCUSSION

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RELEASE DATES

- EP #1 - TUESDAY, JUNE 8TH
- EP #2 - THURSDAY, JUNE 10TH
- EP #3 - TUESDAY, JUNE 15TH
- EP #4 - THURSDAY, JUNE 17TH
- EP #5 - TUESDAY, JUNE 22ND
- EP #6 - THURSDAY, JUNE 24TH
- EP #7 - TUESDAY, JUNE 29TH



Podcasts are available on OBIA's YouTube Channel.
You can find the links to each podcast here:

<https://obia.ca/events/multimedia-podcasts/>