

The Toronto ABI Network is focused on supporting efficient transitions from hospital to community and improving knowledge of and access to publicly funded ABI community services.

Due to COVID-19 many agencies have had to change how they offer their services. Services that are currently operational have been collated in this report and are reported for each member organization for the following:

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| <p>a. Outpatient ABI Rehabilitation</p> <ul style="list-style-type: none"> • Toronto Rehab-University Health network • Bridgepoint Active Healthcare – Sinai Health System | <p>Page 2</p> |
| <p>b. Community Services and Programs
 (e.g., case management, adult day program, housing)</p> <ul style="list-style-type: none"> • Cota • Community Head Injury Resources Services (CHIRS) • PACE Independent Living • West Park Healthcare Centre • March of Dimes Canada (MODC) • York Simcoe Brain Injury Services (YSBIS) (Mackenzie Health/MODC) | <p>Page 2-11</p> |
| <p>c. Clinics</p> <ul style="list-style-type: none"> • Toronto Rehab – University Health Network - Psychiatry Clinic • Toronto Rehab – University Health Network - Neuropsychiatry Clinic • Sunnybrook Health Sciences Centre • St. Michael’s Hospital – Unity Health Toronto - Psychiatry Clinic | <p>Page 12-13</p> |
| <p>d. Brain Injury Association</p> <ul style="list-style-type: none"> • Brain Injury Society of Toronto (BIST) | <p>Page 13</p> |

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?	How Long Is This Change in Effect For?
a. Outpatient ABI Rehabilitation					
Toronto Rehab – University Health Network					
Toronto Rehab – University Health Network	Yes: admitting individuals discharged from Toronto Rehab Inpatient ABI service and appropriate external referrals.	Virtual appointments are being offered through the University Centre site for all disciplines (physiotherapy, occupational therapy, social work and speech language pathology). Limited in-person appointments may be offered at the Rumsey Centre site.	Outpatient services are delivered virtually, with limited in-person appointments available on an as- needed basis.	3-5 months	Unknown
Bridgepoint Active Healthcare – Sinai Health System					
Neurological outpatient rehabilitation program	Yes, accepting referrals for outpatient program (Internal and external to Bridgepoint)	Provide PT, OT, SLP, and SW services as appropriate	Offering both virtual and in-person sessions	2-4 months (wait times could be extended – some fluctuation does occur)	TBD dependent on pandemic length
b. Community Services and Programs					
Cota					
Adult Day Service (ADS)	Yes - groups are now being offered	Virtual groups are being offered, in addition to wellness one-on-one	Virtual meetings through Zoom Healthcare groups	Accepting new referrals. <u>Note:</u> Only	TBD

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?	How Long Is This Change in Effect For?
	virtually. In person ADS program is closed.	telephone calls. TIME exercise program is temporarily stopped.	or individual meetings and telephone support.	accept referral if the client has access to virtual meeting technology (devices and internet connection)	
Cota Case Management	- Minimal changes to all our Case Management Programs.	Linkages to other services (such as ODSP, GP, etc.)	Combination of both virtual and in-person support.	No changes-4 months	TBD
- North York		Safety and wellness check.			
- Etobicoke West Toronto (to Dufferin)	- Cota Case Managers are accepting referrals.	Supportive counselling.		No changes-8 months	TBD
- Scarborough	- Social distancing in place.			No changes-2-4 months	TBD
- Downtown Toronto	- Staff are doing self-screening and screening clients. Staff are equipped with PPE.			No changes-10-12 months	TBD
- Central Region	- In-person visits is available on case-by-case basis.			No changes-4 months	TBD
Cota Behaviour Therapy Supports	Same as above	Same as above	Combination of Virtual as well as in-person support.	No changes-2-4 weeks	TBD

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?	How Long Is This Change in Effect For?
Cota Scarborough ABI Outreach Program	<p>Minimal changes to ABI Outreach Team Program.</p> <p>We are accepting referrals.</p> <p>Social distancing in place.</p> <p>Staff are doing self-screening and screening clients. Staff are equipped with PPE</p>	Assessment, consultation and intervention.	<p>Services are provided through telephone and in-person visits.</p> <p>In person support is done case-by-case following Cota's guidelines – based on urgency and severity of the needs.</p>	No changes- 2-4 weeks	TBD
Community Head Injury Resources Services (CHIRS)					
CHIRS- Community Support Services	<p>In person supports have resumed, some are modified based an evaluation of risk.</p> <p>New admissions are being accepted based on capacity to meet clients' needs.</p> <p>New referrals will continue to be accepted. Offering virtual intake screening.</p>	Home and community outreach services are being provided in-person and virtual support where appropriate to community clients with active screening of both clients and staff for symptoms of COVID-19 and implementation of infection prevention protocols recommended by Toronto Public Health. Virtual and some in-person group	Essential community outreach services continue in person as needed. Virtual support is an option where appropriate.	4 years	TBD

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?	How Long Is This Change in Effect For?
		<p>programming available to both existing and new clients pending review by the CHIRS Intake Committee.</p> <p>CHIRS Family support group offered virtually once a week through Zoom.</p>			
<p>CHIRS- Neurobehavioural Intervention Behaviour Program (NBIP)</p>	<p>New admissions are being accepted based on capacity to meet clients' needs.</p> <p>New referrals will continue to be accepted.</p> <p>Offering virtual intake screening.</p>	<p>Existing CHIRS clients are being supported face to face by clinical and outreach staff with active screening of clients and staff for symptoms of COVID-19 and implementation of infection prevention protocols recommended by Toronto Public Health. Virtual support is an option where appropriate.</p>	<p>Essential community outreach services continue in person as needed. Virtual support is an option where appropriate</p>	<p>6-9 months</p>	<p>TBD</p>
<p>CHIRS- Adult Day Service</p>	<p>CHIRS Clubhouse is closed and all day programs at CHIRS Head Office and in the community have been cancelled until further notice.</p>	<p>Virtual Day Program</p> <p>Over 25 virtual groups offered through Zoom Monday to Saturday in the morning and afternoon</p>	<p>Virtual intake screening</p>	<p>1-3 weeks</p>	<p>TBD</p>

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	Groups are being run virtually through Zoom and are open to new clients pending review by the CHIRS Intake Committee and brief virtual intake screening.	and some evening programs Virtual case management through audio/video conferencing, phone			
CHIRS- Clinical Groups	Clinical groups being offered virtually, but some in-person groups recommenced in September of 2021. Groups are open to new clients pending review by the CHIRS Intake Committee and assessment by the clinical team.	Virtual/In-Person Clinical Groups: <ul style="list-style-type: none"> - Positive Psychology - Skills for Emotional Well Being - 4 M's of Mental Health - Women's Group - Men's Group - Living Well with Brain Injury - SUBI group 	Virtual intake screening	3-6 months	TBD
CHIRS- Residential	New admissions currently under review. Virtual tours are being offered. Referrals are still being accepted. Offering virtual intake screening.	Existing residential clients continue to be supported in the various CHIRS residential programs with active daily screening of staff and monitoring and screening of clients twice a day for symptoms of COVID-19 and implementation of other	Virtual intake screening	8-10 years	TBD

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?	How Long Is This Change in Effect For?
		safety measures recommended by Toronto Public Health and directives from the Ministry of Health.			
CHIRS- Neuropsychology Assessment Clinic	Clinic re-opened in mid-March and appointments are being booked based on availability. New referrals continue to be accepted.		Mixed model approach utilizing both in-person and virtual applications.	4-6 months	TBD
<i>PACE Independent Living</i>					
Adult Day Services	Yes – Limited In Person programs (please see website), Virtual and over the phone programs also continue	Have an abbreviated program schedule – can be found on https://www.pace-il.ca/programsevents	In Person, Virtual & phone	No wait for Virtual or Phone ~4 week wait for in person	TBD
Supportive Housing	Yes – no escorted trips into community		In Person/Phone	No (Wait time dependent on vacancy)	TBD
ABI Community Program	Yes – Virtual or over the phone sessions only	Coaching sessions virtually or over phone	Virtual/phone	2-3 months (dependent on vacancy)	TBD

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?	How Long Is This Change in Effect For?
West Park Healthcare Centre					
ABI Adult Day Program	Yes	Contacts through phone and email Group on-line sessions Respite Bed	Virtual check ins/ sessions on a regular basis. Monthly calendar of events. In person must show proof of being fully vaccinated. Current Day Program clients only. Negative Covid-19 test still required on-site in first day	Weeks to months (depends on space and availability)	Until there is a decrease in community cases of Covid- 19 and Public Health directives suggest that regular service delivery may safely resume
Behavioural Outreach	Yes	Outreach sessions- Blended model Groups-virtual only	Assessments/ sessions primarily virtual/phone. Live visits: outdoors or limited to 15 min indoors where the virtual format does not allow for case formulation/training at the determination of the clinician .Pre- screening Covid protocols, masks need to be worn by	14-28 days Can exceed this time depending on the caseload of each Behaviour Therapist	

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?	How Long Is This Change in Effect For?
			clinician and client at all times, physical distancing.		
Inpatient Behavioural	No, accepting referrals for Inpatient Behavioural Program	Same as always	N/A	No	
March of Dimes Canada (MODC)					
ABI Supportive Housing - Newmarket Site - Toronto Cooperage Site (open since June 2016)	Yes - daily screeners completed, limiting Consumer community access where possible, social distancing in effect, virtual medical appointments	Full service, limiting where possible Consumer Community access, masking and social distancing in effect	In person and virtual	One vacancy - (based on shared living)	TBD
Case Management/ Outreach (York Region only)	Yes-daily screeners completed, social distancing in effect, direct support provided with masking, virtual and phone support provided	Operational, daily screeners completed, direct support with social distancing & masking, virtual and phone support	In person, virtual and phone connection	Vacancies available	TBD
Aphasia Day Program	Yes - In person groups to virtual Fee: \$120/3 months Subsidy option available.	Virtual groups, wellness checks (phone calls), intake assessments virtually	In person or Virtual- Virtual - no in person programming at this time	Increased wait times for applicants who have no access to technology	TBD

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?	How Long Is This Change in Effect For?
Aphasia Peer Connect Program	Yes - In person groups to virtual	Volunteer-led group that is held virtually once a week for people with aphasia (or another communication disability)	Virtual	Vacancies available	TBD
MODC Peer Group (York Region only)	Yes- in person groups to virtual	Virtual groups, home visits if required so that staff can support consumers to access groups online	In person or Virtual- Virtual and phone support is provided at this time	No current wait lists For new referrals yes, proof of ABI is required, staff currently working from home and don't have access to consumer information	TBD
York Simcoe Brain Injury Services (YSBIS) (Mackenzie Health/MODC)					
Behavioural Consultant	Yes- Behaviour Consultant are doing virtual and in person visits with clients	Behaviour Consultant are meeting clients regularly by videoconference, telephone call and in person. In person services are offered, screening staff and client prior to services and maintain physical	Consultation are offered in-person, phone and videoconference	12 months	

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?	How Long Is This Change in Effect For?
		distance with PPE for staff are in effect			
Case Manager	No - Case Manager; Case Managers are doing virtual and in person visits with clients	In person services being done, screening for staff and clients prior to service, staff are working on goal setting where possible and adjusting services accordingly following public health guidelines, physical distancing and PPE for staff are in effect	In person, phone and videoconference being offered	8 months	
Rehab Worker	No- Rehab Worker; Rehab Workers are doing in person, phone or video depending on client preference	In person services being done, screening for staff and clients prior to service staff are working on goal setting where possible and adjusting services accordingly following public health guidelines, physical distancing and PPE for staff are in effect	In person or phone depending on client choice	8 months	
Adult Day Program	Yes- Vaughan ADP site will be offering virtual and in person starting June 14, 21 Maple ADP site will be offering virtual and in-	All Adult Day Programs are offering socialization, stretch and tone and cognitive activities by videoconference/in person and providing support to clients by phone calls.	In person for Vaughan and Maple site and Virtual ADP meetings by phone and video conference	1-9 months	TBD

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?	How Long Is This Change in Effect For?
	person starting Sept 21, 21 Newmarket ADP site will remain virtual programs.				
c. Clinics					
Toronto Rehab – University Health Network					
Physiatry Clinic	In-person clinic visits	New referrals may be seen for consultation via OTN OR in-person, at the physician’s discretion	In-person and Virtual	2-3 months	TBD
Neuropsychiatry Clinic	No	Initial assessments and follow up appointments	Currently phone appointments and virtual appts	Dr. Snaiderman – 6 months Dr. O’Brien – 3 months	TBD
Sunnybrook Health Sciences Centre					
Mild to Moderate TBI Clinic	Yes –services being offered virtually. Group Concussion Education Session has been temporarily suspended	-Cognitive Neurologist -Youth/Young Adult Psychiatrist -Physiatrist -Clinic Coordinator/ Occupational Therapist In response to the COVID- 19 pandemic, our clinic has moved to a virtual care system for all	Virtual communication by OTN, phone or email, as appropriate and with patient consent	6-8 weeks for Youth/Young Adult Clinic 8-12 weeks for Adult Clinic (Note: this is for community referrals / patients not seen at Sunnybrook)	TBD

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		patients, until further notice For more information, visit our clinic website, https://sunnybrook.ca/content/?page=bsp-traumatic-brain-injury-clinic			
St. Michael's Hospital – Unity Health Toronto					
Psychiatry Clinic	Clinic is reopen to referrals		Virtual care only by Zoom or phone	Wait time is approx. 1 - 1.5 months	TBD
d. Brain Injury Association					
Brian Injury Society of Toronto (BIST)					
Case Management Services					
2 Community Coordinator Violence Impact Program	No	Assist vulnerable at-risk ABI clients with services & support to help obtain financial, housing and community supports	Support mostly provided through: email, text message, phone call, virtual video appointments	Wait time: 1 week	TBD

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?	How Long Is This Change in Effect For?
Homeless Prevention Program		Ensure clients are supported with accessing stable housing, landlord advocacy, completion of housing applications and support with landlord/tenant issues		Wait time: 1 week	TBD
Support Groups For more information and to register for all support groups visit www.bist.ca/online-programs					
Facilitated by a Registered Social Worker, Social Work Student & BIST Staff	Yes	Women’s Support Group	All in-person support groups and social drop-ins are held via virtual Zoom video call.	Open. No wait list.	TBD
Facilitated by a Registered Social Worker Facilitated by a Registered Social Worker, Social Work Student & BIST Staff		Men’s Support Group ABI Support Group Mixed Gendered - for women, men, people who identify as non-binary	All in-person support groups and social drop-ins are held via virtual Zoom video call.	Open. No wait list.	TBD

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?	How Long Is This Change in Effect For?
Facilitated by an ABI Rehabilitation Support Worker & WRAP Mental Health Group Facilitator		Social Drop-In for Members of the South Asian/East Indian Communities			
Facilitated by a Peer Support Person (Caregiver with lived experience)		Peer-Led Caregiver Support Group			
Programs & Peer Support Coordinator		Assists members to connect them to programming that best suits their needs. Collaborates with members to develop more personalized programs, plus connects members to resources.	Service via email, text, phone call and virtual video appointments	Wait time: 5-7 week days	
Events/Programs For more information and to register visit: www.bist.ca/online-programs					
Online Gentle Hatha Yoga Series	Yes	Information & Registration: https://bist.ca/yoga/ 8 week series that runs each Thursday from 5:00- 5:45pm.	In person programs/events are held via virtual Zoom	Open. No wait list	TBD

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?	How Long Is This Change in Effect For?
		Series will involve 30 mins of yoga and 15 mins of meditation. The first sessions starts: October 7th. The last session of the series is November 11th. Waiver completion required before joining online program.			
Virtual Halloween Party!	Yes	Information & Registration: https://bist.ca/event/virtual-halloween-party-2021/ Date: Wednesday, October 27th @ 6:30-8pm	In person programs/events are held via virtual Zoom	Open	TBD
Community Meeting Facilitated by Peer Support/Programs Coordinator & BIST Social Work Students		Monthly event featuring a guest speaker(s) on a topic related to ABI, with time to share stories, info and tips with other people living with ABI and their family members. Meetings are open to anyone and are held on a drop-in virtual basis.			

Organization/ Program	Any Operational Changes? (Yes/No)	What Services Are Being Offered?	In-person and/or Virtual?	Any Changes to Wait times?	How Long Is This Change in Effect For?
		Register: bist.ca/online-programs/			